Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Saturday 07 Oct 2023 until 23:59 on Sunday 08 Oct 2023

Forecast Issued on Friday 06 Oct 2023 at 16:02 by Met Office Aberdeen

Confidence: High for a wet day on Saturday then weather improving on Sunday afternoon. Lower confidence on details next week.

Headline for Saturday 07 Oct 2023: Cloudy and wet with persistent heavy rain. Feeling cold.

Mountain weather hazards on Saturday 07 Oct 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** Medium Likelihood	**Poor visibility** Medium Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** High Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Light rain
Precipitation probability							
70%	80%	80%	80%	80%	60%	40%	60%

Forecast for Saturday 07 Oct 2023

Weather: Cloudy with rain continuing overnight and during Saturday, persistent and heavy at times. Rain will turn lighter in the evening.

Chance of cloud-free hill tops above 800m: Little chance.

Low Cloud and visibility: Often misty with poor visibility in persistent rain and clouds well down the hills. There may be a few pockets of good visibility and clouds lifting higher up the hills at times.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Saturday 07 Oct 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	11/14 E	20/25 E	20/25 E	23/29 E	21/27 E	18/23 E	18/24 E	23/31 E	23/32 SE
900	13/17 SE	19/24 SE	16/21 SE	21/27 SE	19/26 SE	17/23 E	18/24 E	21/29 E	21/29 SE
600	8/11 NE	10/14 NE	10/14 NE	11/15 E	11/15 E	10/15 NE	10/15 E	18/25 SE	17/24 SE
300	6/10 N	9/13 NE	8/14 NE	7/13 NE	9/13 N	9/14 NE	6/12 NE	14/27 E	14/28 E
Glen	7/16 NE	8/18 NE	9/20 NE	12/25 NE	12/26 NE	12/24 NE	11/23 NE	10/20 NE	6/14 NE

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	6/2	5/1	5/0	4/-1	4/-2	3/-2	2/-4	1/-6	1/-5
900	6/2	6/2	5/1	5/-0	4/-1	4/-1	3/-2	2/-3	2/-3
600	8/6	9/7	8/6	9/7	8/5	7/4	6/4	6/2	7/3
300	10/8	9/7	8/6	8/6	7/5	7/5	7/6	7/4	7/4
Glen	11/10	11/9	10/8	10/7	10/7	9/6	9/6	9/6	9/8
Freezing Level*	3300m	3300m	3200m	3300m	3300m	3200m	3200m	3200m	3300m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Very difficult walking due to persistent rain, bitterly cold feel and very wet underfoot conditions.

Forecast for Sunday 08 Oct 2023
Weather: Cloudy morning with further rain, heavy at first. The rain will clear away early in the afternoon with drier, brighter weather following.

Maximum wind: Fresh south or southwest winds, average speeds of 20mph and gusts 30mph on the tops.

Chance of cloud-free hill tops above 800m: Little chance in the morning, improving 70% in the afternoon.

Low Cloud and visibility: Poor visibility in persistent rain in the morning with extensive cloud cover down around 600m. Visibility will improve good in the afternoon with clouds lifting and breaking up.

Temperature: **Glens:** Plus 7 Celsius rising to 14 Celsius.
At 800m: Plus 4 Celsius.
Freezing level: Above the tops.

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